Early Support Offer

Little Bo Peep Ltd is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment." Providing Early Support to our children and families at Little Bo Peep means we are more effective in promoting support as soon as we can.



Early support means providing support as soon as a problem emerges, at any point in a child's life, beginning with the start of our children's journeys at Little Bo Peep. We endeavour to create an ethos that promotes trust between all adults and children, so that all children know that the staff who care for them through their journey at Little Bo Peep make them feel safe and secure. We believe that safeguarding is everyone's responsibility. Claire Hull Senior (Manager) is our Designated safeguarding lead, Sarah Regan (Deputy Manager at Nursery) and Toyah Riley (Deputy Manager – Pre-School) are Deputy Designated safeguarding leads. Sophie Reeves (Nursery) and Jenn Tanner (Preschool) are also Deputy Designated Safeguarding Leads. All staff receive annual safeguard training through the DSL, as well as regular updates through continuous professional development. Any new staff receive the full safeguard training, again delivered by the DSL as part of their induction to the company. The diagram below shows the range of needs at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.



Providing early support to our children and families at Little Bo Peep means we are more effective in promoting support as soon as we can. Early support means providing support as soon as a problem emerges, at any point in a child's life, from babies through to teenage years.

Working Together 2018 identifies that: "effective early help relies upon local organisations and agencies working together to:

- identify children and families who would benefit from early support
- undertake an assessment of the need for early support

• provide targeted early support services to address the assessed needs of a child and their family which focuses on activity to improve the outcomes for the child Local authorities, under section 10 of the Children Act 2004, have a responsibility to promote inter-agency co-operation to improve the welfare of all children. Local organisations and agencies should have in place effective ways to identify emerging problems and potential unmet needs of individual children and families. Local authorities should work with organisations and agencies to develop joined-up early support services based on a clear understanding of local needs. This requires all practitioners, including those in universal services and those providing services to adults with children, to understand their role in identifying emerging problems and to share information with other practitioners to support early identification and assessment".

Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Families who may not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)

Early support relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

Everyone needs help at some time in their lives and therefore an ethos of early support is important for any setting.

Local Services in Worcestershire









The Family Hub has been developed to provide you with a range of different types of resources that are available to you online, on the phone or face to face that you can access directly.

The Family Hub can offer you support and information with the challenge's family life can bring.

The Family Hub | Worcestershire County Council









Early support in Worcestershire have created a **booklet** to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The new booklet will help you and families find the most appropriate support.

To download this booklet, please visit: The Family Hub | Worcestershire County Council

Children's Centres in Worcestershire

Children's Centres in Worcestershire are run by lots of different providers. Many of them are run by schools and early years settings (e.g. nurseries) providing childcare, antenatal and postnatal services and in some cases extra services, such as speech and language and family support, to meet the needs of families in their local area.

As well as the centres run by schools and settings, there is at least one Children's Centre in each district that is run by Parenting and Family Support providers who Worcestershire County Council commission (fund) to deliver groups and support to parents and families. Activities such as stay and play groups, baby massage and breastfeeding support groups continue to be delivered across Worcestershire and are often run by trained volunteers or independent groups. You can find your local children's centre by going onto the family hub link.

SEND (Special Educational Needs and/or Disabilities

As a setting we believe that every child is unique, it is important that we treat the children as individuals and support their needs. Our staff are trained to aid children and offer additional support where needed. We have access to different agencies who can offer advice and make sure we are supporting the children to the best of our abilities.

If you are looking for information or advice the following links will help you:

<u>SEND Local Offer | Worcestershire County Council</u> or contact localoffer@worcschildrenfirst.org.uk

SEND Information, Advice, Support Service <u>SENDIASS Worcestershire and Herefordshire</u> (hwsendiass.co.uk)

Social care support for children with disabilities | Social care support for children with disabilities | Worcestershire County Council

Health (including mental health, emotional wellbeing, and sexual health)

The **Starting Well Partnership** offer a range of health services which support both children and families experiencing a range of health issues.

If your child is under 5 years old and you need advice on issues such as feeding, behaviour, or toileting you can contact the Telephone Advisory Service on 0300 123 9551 (Monday – Friday 9am till 3pm).

A Health Visitor will assist you over the phone with any worries, concerns, or questions you have

Social Prescribing:: Onside Advocacy, Worcestershire (onside-advocacy.org.uk)

Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available.

<u>I am worried about my Child's mental health | Herefordshire and Worcestershire Health and Care NHS Trust (hacw.nhs.uk)</u>

Home - Kooth

Kooth is an online mental wellbeing community which offers free, safe, and anonymous support.

Reach 4 Wellbeing | Herefordshire and Worcestershire Health and Care NHS Trust (hacw.nhs.uk)

The Reach4Wellbeing team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood.

Papyrus UK Suicide Prevention | Prevention of Young Suicide (papyrus-uk.org)
Papyrus can offer suicide prevent support providing free and confidential helplines, advice, webchats, and resources.

Home | Healthy Minds (whct.nhs.uk)

Winston's Wish - giving hope to grieving children (winstonswish.org)

Winston's Wish provide support for children and young people following the death of a sibling, parent, or a person important to a child.

Finance, Housing and Employment

If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:

Local Job Centre Plus

Worcester Job Centre Plus, Haswell House, Sansome Street, Worcester, WR1 1UZ Telephone: 0845 6043719

Citizen's Advice Bureau Worcester Citizens Advice – Worcester Citizens Advice Bureau and WHABAC (Worcester Housing and Benefits Advice Centre) (citizensadviceworcester.org.uk)

Building Better Opportunities <u>Building Better Opportunities (fusionworcs.co.uk)</u>

For information on what financial and housing support is available in Worcestershire, please visit:

Housing and finances | The Family Hub | Worcestershire County Council

Parenting Support

The Starting Well Partnership offer a range of parenting support, information, groups, and courses. For information on the groups available please visit: Parenting groups | Starting Well (startingwellworcs.nhs.uk)

Parenting Talk is an online hub offering information, advice, and a free confidential online chat with a parenting advisor.

Parent Talk - Support for Parents from Action For Children

Homestart can work with you to provide one to one support in the family home each week. This service provides support tailored to your needs and can help you as parents they learn to cope and build confidence to provide as best you can for your children.

Home-Start | South Worcestershire (home-startsw.org.uk)

Family Information Service

Do you need advice and support around finding childcare? The following link will provide you with the contact details of the Family Information Service's District Teams: http://www.worcestershire.gov.uk/info/20507/childcare/1579/family_information_service

Substance Misuse

Cranstoun Worcestershire - Cranstoun

Here 4 Youth is support service for children and young people up to the age of 18 who may be struggling with their use of drug and / or alcohol. <u>Here4YOUth Worcestershire</u> - Cranstoun

Do you have a family member in prison?

Do you have a family member in prison which is having an impact on your child? Support is available to work with both the person in prison and your family.

NICCO

Families First provides support and guidance in a safe space, to enable the whole family to cope with the demands of having a partner, and parent, in prison: Families First | YSS

Get Safe

If you are worried your child is at risk of being tricked, forced, or made to work in the criminal world please speak to a member of staff and visit <u>Get Safe</u> for help and information:

https://www.worcestershire.gov.uk/GetSafekeepingchildrenandyoungpeoplesafefromcriminalexploitation

If you are experiencing any of these challenges or issues affecting family life, please speak to a member of our team and we will be happy to provide you further advice and support.

If you are struggling and need support with any of the above, then please speak to a member of staff. This will be done in confidence and any information passed on will only be used to get the right support for you and your families.